IF Starts KM 3000 m 2016-03-21

Plats: Tybblelundshallen, Örebro

Heat 1

Namn	Tid	WMA-tid	WMA-procent
Josefine Halldén -84	12:41,1m	12:38age	66,13%
Susanna Hellsten -71	13:00,5m	11:48age	70,82%
Bo Adolfsson -67	13:00,6m	11:28age	63,93%
Per Almkrantz -63	13:18,3m	11:21age	64,57%
Mats Stenmarck -50	13:36,9m	10:22age	70,69%
Anna Öhling -74	14:06,2m	13:14age	63,17%
Maria Engström -62	14:15,3m	11:32age	72,45%
Catharina Wahlstedt -44	16:32,3m	11:57age	69,97%

Heat 2

Namn	Tid	WMA-tid	WMA-procent
Meles Jorjo -99	11:31,7m	Utom tävlan	
Jonas Svensson -78	11:32,4m	11:04age	66,25%
Nicklas Forsling -71	11:35,7m	10:32age	69,58%
Daniel Linder -78	11:41,5m	11:13age	65,39%
Anna Pettersson -70	11:45,0m	10:32age	79,36%
Hugo Öhrn -04	11:57,4m	10:22age	70,70%
Marie Dasler -68	12:27,7m	10:54age	76,69%
Andreas Nylander -80	12:40,6m	12:20age	59,46%
Anna Bergdahl -88	12:49,2m	12:49age	65,19%
Hampus Jedselius -90	DNF		

Heat 3

Namn	Tid	WMA-tid	WMA-procent
Alexander Sjöholm -92	10:12,0m	10:12age	71,90%
Elias Zika -81	10:12,4m	9:59age	73,40%
Fikre Niugses/Abedom -98	10:39,7m	10:19age	71,13%
Johan Svensson -79	10:51,0m	10:29age	69,95%
Conrad Granath -78	10:53,0m	10:26age	70,25%
Filip Öhrn -99	11:28,7m	10:58age	66,90%
Jonas Öhrn -69	11:39,9m	10:27age	70,18%
Daniel Andersson -77	DNF		
Johan Östman -76	DNF		
Mohamed Hassan -99	DNF		

Samlad lista (Män och **Kvinnor**) efter WMA-procent

Namn	Tid	WMA-tid	WMA-procent
Anna Pettersson -70	**11:45,0m**	**10:32age**	**79,36%**
Marie Dasler -68	**12:27,7m**	**10:54age**	**76,69%**
Elias Zika -81	10:12,4m	9:59age	73,40%
Maria Engström -62	**14:15,3m**	**11:32age**	**72,45%**
Alexander Sjöholm -92	10:12,0m	10:12age	71,90%
Fikre Niugses/Abedom -98	10:39,7m	10:19age	71,13%
Susanna Hellsten -71	**13:00,5m**	**11:48age**	**70,82%**
Hugo Öhrn -04	11:57,4m	10:22age	70,70%
Mats Stenmarck -50	13:36,9m	10:22age	70,69%

Conrad Granath -78	10:53,0m	10:26age	70,25%
Jonas Öhrn -69	11:39,9m	10:27age	70,18%
Catharina Wahlstedt -44	**16:32,3m**	**11:57age**	**69,97%**
Johan Svensson -79	10:51,0m	10:29age	69,95%
Nicklas Forsling -71	11:35,7m	10:32age	69,58%
Filip Öhrn -99	11:28,7m	10:58age	66,90%
Jonas Svensson -78	11:32,4m	11:04age	66,25%
Josefine Halldén -84	**12:41,1m**	**12:38age**	**66,13%**
Daniel Linder -78	11:41,5m	11:13age	65,39%
Anna Bergdahl -88	**12:49,2m**	**12:49age**	**65,19%**
Per Almkrantz -63	13:18,3m	11:21age	64,57%
Bo Adolfsson -67	13:00,6m	11:28age	63,93%
Anna Öhling -74	**14:06,2m**	**13:14age**	**63,17%**
Andreas Nylander -80	12:40,6m	12:20age	59,46%
Meles Jorjo -99	11:31,7m	Utom tävlan	
Hampus Jedselius -90	DNF		
Daniel Andersson -77	DNF		
Mohamed Hassan -99	DNF		
Johan Östman -76	DNF		